



## THE STANDARD PROCEDURE OF PERFORMING THE RITUALS OF UMRAH

**Rasoolullah Sallallahu Alayhi Wasallam said:**  
Perform Hajj and Umrah consecutively; for they remove poverty and sins just as the bellows removes filth from iron, gold, and silver... (Tirmidhi 810)

### After Passing The Boundaries Of The Haram

#### **FARDH**

1

Make the intention to perform the Tawaaf of Umrah and perform the Tawaaf of Umrah.



#### **SUNNAH**

3

Cover the left shoulder and expose the right shoulder (males only) during all 7 circuits of the Tawaaf of Umrah (Idhtibaa').



#### **WAAJIB**

5

Perform two Rakaats Salaat-ut-Tawaaf after performing the Tawaaf of Umrah.



#### **WAAJIB**

7

Complete 7 circuits of the Sae' of Umrah starting at mount Safa and ending at mount Marwa.



#### **WAAJIB**

9

Shave or clip the hair for males & clip the hair\*\* only for females to exit the state of Ihraam.



#### **SUNNAH**

2

Commence the Tawaaf of Umrah by making Istilaam\* at the Hajr Aswad (black stone) and after completing every circuit of Tawaaf.



#### **SUNNAH**

4

Walk briskly whilst lifting ones shoulders (males only) during the first 3 circuits of the Tawaaf of Umrah (Ramal).



#### **SUNNAH**

6

Proceed to commence the Sae' of Umrah by making Istilaam\* at the Hajr Aswad (black stone).



#### **SUNNAH**

8

Jog between the two green spots/lights in every circuit of the Sae' of Umrah (males only).



\*Place the hands on the Hajr Aswad, recite Takbeer and kiss the Hajr Aswad. If that is not possible, then raise the hands in line with the shoulders, face the hands towards the Hajr Aswad, recite Takbeer and kiss both hands.

\*\*This refers to cutting an inch or more of hair gathered around one's fingertip from a quarter of one's head.

(Muallimul Hujjaaj 106 -134 -153/4 -180/1 - 211)