

THE STANDARD PROCEDURE OF PERFORMING THE RITUALS OF UMRAH

A COMPLETE GUIDE BY



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THE STANDARD PROCEDURE OF PERFORMING THE RITUALS OF UMRAH

Rasoolullah Sallallahu Alayhi Wasallam said:

Perform Hajj and Umrah consecutively; for they remove poverty and sins just as the bellows removes filth from iron, gold, and silver... (Tirmidhi 810)

SUNNAH

1

Make Ghusl or Wudhu and wear the clothing of Ihraam.



Before Passing The Boundaries Of The Haram

SUNNAH

Perform two Rakaats Salaat-ul-Ihraam.

2



FARDH

3

Enter the state of Ihraam by making the intention of Umrah (verbally or internally) and recite the Talbiyah once (verbally).



Intention of Umrah & Talbiyah

اللَّهُمَّ إِنِّي أُرِيدُ الْعُمْرَةَ فَيَسِّرْهَا لِي وَتَقَبَّلْهَا مِنِّي

Oh Allah! I intend performing Umrah. So, make it easy for me and accept it from me.

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ إِنَّ الْحَمْدَ وَالنُّعْمَةَ لَكَ وَالْمُلْكَ لَا شَرِيكَ لَكَ

I am present Oh Allah, I am present. I am present. There is no partner unto you. I am present. Indeed, all praise and bounties are yours and so is absolute dominion. There is no partner unto you.

After Passing The Boundaries Of The Haram

FARDH

1 Make the intention to perform the Tawaaf of Umrah and perform the Tawaaf of Umrah.



SUNNAH

2 Commence the Tawaaf of Umrah by making Istilaam* at the Hajr Aswad (black stone) and after completing every circuit of Tawaaf.



SUNNAH

3 Cover the left shoulder and expose the right shoulder (males only) during all 7 circuits of the Tawaaf of Umrah (Idhtibaa').



SUNNAH

4 Walk briskly whilst lifting ones shoulders (males only) during the first 3 circuits of the Tawaaf of Umrah (Ramal).



WAAJIB

5 Perform two Rakaats Salaat-ut-Tawaaf after performing the Tawaaf of Umrah.



SUNNAH

6 Proceed to commence the Sae'e' of Umrah by making Istilaam* at the Hajr Aswad (black stone).



WAAJIB

7 Complete 7 circuits of the Sae'e' of Umrah starting at mount Safa and ending at mount Marwa.



SUNNAH

8 Jog between the two green spots/lights in every circuit of the Sae'e' of Umrah (males only).



WAAJIB

9 Shave or clip the hair for males & clip the hair** only for females to exit the state of Ihraam.



*Place the hands on the Hajr Aswad, recite Takbeer and kiss the Hajr Aswad. If that is not possible, then raise the hands in line with the shoulders, face the hands towards the Hajr Aswad, recite Takbeer and kiss both hands.

**This refers to cutting an inch or more of hair gathered around one's fingertip from a quarter of one's head.

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