

MENSTRUATION (HAIDH) & FASTING DURING RAMADAAN



رَمَضَانَ كَرِيمَ

MENSTRUATION (HAIDH) & FASTING DURING RAMADAAAN

(PART 1)

Minimum & Maximum Periods

The minimum period of menstruation is **72 hours (3 days & 3 nights)** and the maximum period is **240 hours (10 days & 10 nights)**.

Commencement of Menstruation:

If a woman's menstruation commences at night or before the Fajr time enters, even for a moment:

- A** The Fast of the next day cannot be kept and is not valid.
- B** The Esha and Witr Salaahs cannot be performed and are not valid.

(Manhal-ul-Waarideen 198)



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(PART 2)

Ending of Menstruation before the Maximum Period

If a woman's menstruation ends before the maximum period of **240 hours (after a minimum period of 72 hours)** at night or before the Fajr time enters, then if the time allows one to perform the Fardh acts of Ghusl and recite the word "Allah" once (approximately 10-15 minutes) before the Fajr time enters:

- A** The Fast of the next day must be kept and is valid.
- B** The performance of the Esha and Witr Salaahs are compulsory.

If the time does not allow one to perform the Fardh acts of Ghusl and recite the word "Allah" once (approximately 10-15 minutes) before the Fajr time enters:

- A** The Fast of the next day cannot be kept and is not valid.
- B** The Esha and Witr Salaahs cannot be performed and are not valid.



(Manhal-ul-Waarideen 199 - 201)

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(PART 3)

Ending of Menstruation at the Maximum Period

If a woman's menstruation ends at the maximum period of **240 hours** at night or before the time of Fajr enters, even for a moment:

- A** The Fast of the next day must be kept and is valid.
- B** The performance of the Esha and Witr Salaahs are compulsory.

(Manhal-ul-Waarideen 197 - 198)



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Ending of Spotting before the Minimum Period

If a woman's spotting ends **before** the minimum period of 72 hours, it is **compulsory (Waajib)** for her to wait till the end of a Salaah time:

- A** Make Wudhu and perform the Salaah of the time if there is no spotting.
- B** The Fast of the next day must be kept and is valid.

(Manhal-ul-Waarideen 205 – 208)



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(PART 5)

Ending of Spotting After the Minimum Period before the Habit

If a woman's spotting ends **after** the minimum period of 72 hours but **before** her habit, it is **compulsory (Waajib)** for her to **wait till the end of a Salaah time**:

- A** Make Ghusl and perform the Salaah of the time if there is no spotting.
- B** The Fast of the next day must be kept and is valid.

(Manhal-ul-Waarideen 205 – 208)



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(PART 6)

Ending of Spotting After the Minimum Period & After the Habit

If a woman's spotting ends **after** the minimum period of **72 hours** but **after her habit**, it is **preferable (Mustahab)** for her to **wait till the end of a Salaah time**:

- A** Make Ghusl and perform the Salaah of the time if there is no spotting.
- B** The Fast of the next day must be kept and is valid.

(Manhal-ul-Waarideen 205 – 208)

